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**By David Salo;Scott Riewald**

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Complete Conditioning for Swimming: David Salo, Scott Riewald: where he focuses on biomechanics and technology for endurance sports. Previously, he was USA <http://www.amazon.ca/Complete-Conditioning-Swimming-David-Salo/dp/073607242X>

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(Complete Conditioning for Sports Series) by Scott Riewald worked as USA Swimming's biomechanics director at Riewald currently works as the

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